



## WHAT TO EXPECT ON THE HALF MARATHON COURSE

### 4 Hour Time Limit

To ensure that roads reopen to vehicular traffic at the scheduled times, the 4 hour [course time limit](#) will be STRICTLY ENFORCED. Please note – this is timing tag time, not gun time. [Course time limits](#) begin when the last participant and Tail Vehicle cross the start line.

If a participant's pace falls below the [course time limit](#), they have a few options:

- Increase their pace to stay within the event minimum pace;
- Board a “sag wagon” shuttle to move forward on the course, where they may continue to participate in the event, maintaining the minimum pace required; or
- If the participant cannot continue, they may board a sag wagon to be dropped off at the next shuttle location, at a nearby medical station. The participant will be seen by a Medical Team captain to be cleared for the medical shuttle to transport the participant to the finish line.

### Mile By Mile Course Description

- **Mile 1:** McDowell Street: expect a steady and slight incline as soon as you start going up McDowell street. This incline continues on North Wilmington street.
- **Mile 2:** Blount Street: After about the first mile and a half, you've earned some downhill. Blount street is a steady downhill grade.
  - Moore Square- Look to your left, can you spot the giant acorn as you pass the park?
  - Before you hit Martin Luther King Jr Blvd, you'll pass by [Shaw University](#), founded in 1865.
- **Mile 3:** Chavis Way: Expect a steep, quick downhill.
- **Mile 4:** Bloodworth Street: You're climbing again. But don't worry, the historic Oakwood residential area will keep your mind off the climb.
- **Mile 5:** Watauga St./Brookside Dr: You'll pass the expansive Oakwood Cemetery on your right. Get ready for a steep hill ahead.
- **Mile 6:** Glascock St.: You'll hit a steep hill and some speed bumps (literally) in the road. You've got this.
- **Mile 7:** Peace St.: You've earned it, time for some downhill. There will be rolling hills along this long stretch of road, and you'll pass by Peace College, St Mary's High School and Cameron Village.
- **Mile 8:** Gardner Street: Breaking up is hard to do, but it's time for the Marathon and 1/2 Marathon to split once you hit NC State Campus.
- **Mile 8:** You've split from the full marathon and hang a left once you hit NC State. Pass by the NC State Memorial Bell Tower.
- **Mile 9:** Pullen Rd: Pass by Pullen Park and hang another left on Western Blvd (where you'll pass by the WRAL studios) and onto Western Blvd.
- **Mile 10-11:** Hunt Dr.: Hang a right onto Hunt Drive which is a steady incline to the top. Once you're inside Dorothea Dix Park there are rolling hills throughout.
- **Mile 12:** Boylan Street: The LAST hill of the course! Run your fastest and you could be crowned our [King of the Hill](#) in this (almost) 1 mile race to the top (We'll have a starting line so you'll know when to start pushing and an official end to the hill so you know when it's over!)
- **Mile 13:** You made it! Congrats half marathoner! You pushed through until the end- now go join the rest of your friends at the Toyota Headliner Concert Series post race concert!